

We are honored to welcome Dr. Robert Rowen's followers. This website has the work and discoveries of Prof. Brian Peskin. As you explore this website you will find areas of agreement, and areas where Dr. Rowen and Prof. Peskin have pursued different paths. A clear example of this is in their dietary recommendations. While Dr. Rowen is a raw vegan, advocating the "living foods diet," Prof. Peskin is an advocate of a primarily animal protein diet. *This new collaboration between Dr. Robert Rowen, one of the nation's leading physicians — a raw foods proponent — and Prof. Peskin, one of the world's leading physiologic EFA experts — a hard-core carnivore? Unbelievable, yes; but true. There is a fundamental link called PEOs (Parent Essential Oils). You will begin to understand the secret of how they both can work.*

What makes this collaboration special is not areas where they differ, rather the common ground that has been found by them in their quests to give you the easiest path so you can become lean- for-life, energized, and disease-free. We encourage you to fully explore this website, but be prepared to be amazed by what you discover.

Dr. Rowen added significantly to my understanding of "raw foods" and the PEO connection. This new collaboration is proceeding and will culminate in a new book that will revolutionize the understanding of what is needed for you to easily maximize vitality, your energy level, becoming lean-for-life, and achieving effortless radiant health. Thank you Dr. Rowen both for adding to my knowledge of the benefits of living foods and allowing your readers to benefit from my discoveries.

As readers will discover, PEOs stay in the membranes in all of your 100 trillion cells, allow production of the body's most powerful natural anti-inflammatory, PGE₁ and the body's natural anti-coagulation and anti-adhesion of the blood, PGI₂, and much, much more. Fish oil is out. Both Dr. Rowen and Prof. Peskin agree; *from this point forward, Parent Essential Oils get center stage and fish oil goes "down the drain."*